THARINA GUSE

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Faculty of Humanities
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EDUCATION

PhD	North-West University, Psychology	2003
MA	North-West University, Counselling Psychology (cum laude)	1989
BA (Hons)	North-West University, Psychology (cum laude)	1986
BA	North-West University (cum laude) Majors: Psychology, International Relations, Communication Studies	1985
Short course (NQF level 9)	Research Ethics: Conducting Research Responsibly University of the Witwatersrand, Steve Biko Centre for Bioethics	2017

EMPLOYMENT HISTORY

University of Pretoria, Pretoria **Professor and Head of Department**, Psychology	April 2018 - present
University of Johannesburg, Johannesburg, **Associate Professor**, Psychology	October 2016 - March 2018
University of Johannesburg, Johannesburg, **Associate Professor and Head of Department,** Psychology	December 2012 - September 2016

University of Johannesburg, Johannesburg, September 2007 - November 2012
Senior Lecturer, Psychology

University of Johannesburg, Johannesburg, January 2005 - August 2007
Lecturer, Psychology

Private Practice, Pretoria; Middelburg October 1989 - December 2004
Counselling Psychologist

TEACHING AND RESEARCH INTERESTS

- Positive Psychology
- Psychological well-being across the lifespan and in various contexts
- Psychological strengths, in particular, hope and gratitude
- Positive psychology interventions
- Hypnosis for mental health promotion
- Professional training of psychologists

TEACHING EXPERIENCE

Undergraduate teaching

- Introduction to Psychology (First-year level; 200 - 300 students)
- Positive Psychology (Second-year level; Developed curriculum; 600 students)
- Health Psychology (First-year level; 100 students)
- Child and family psychology (Third-year level; 300 students)

Honours level teaching

- Medical and neuropsychology
- Therapeutic psychology

MA (Clinical and Counselling Psychology)

- Responsible for extensive revision of curriculum and implementation of new curriculum
- Client-centred psychotherapy
- Cognitive-behavioural therapy
- Applied Positive Psychology
- Integrative Psychotherapy
- Child and adolescent psychotherapy and psychopathology
- Psychological assessment

MA (Applied Positive Psychology)

- Positive Psychology interventions

PUBLICATIONS

Publications in peer-reviewed journals

Guse, T., Vescovelli, F., & Croxford, S. A. (2019). Subjective well-being and gratitude among South African adolescents: Exploring gender and cultural differences. *Youth & Society*, *51*(5), 591-615.

Dankaert, E. S., Guse, T., & van Zyl, C. J. (2019). Psychometric properties of the Motivation for Solitude Scale–Short Form in a sample of South African adolescents. *South African Journal of Psychology*, *49*(1), 14-26.

Teodorczuk, K., Guse, T., & Du Plessis, G. A. (2019). The effect of positive psychology interventions on hope and well-being of adolescents living in a child and youth care centre. *British Journal of Guidance & Counselling*, *47*(2), 234-245.

Van Zyl, C. J., Dankaert, E., & Guse, T. (2018). Motivation for solitude: A cross-cultural examination of adolescents from collectivist and individualist cultures in South Africa. *Journal of Child and Family Studies*, *27*(3), 697-706.

Guse, T., & van Zyl, C. J. (2018). The PANAS-C: A cross-cultural examination among South African adolescents. *Current Psychology*, 1-11.

Neto, F. & Guse, T. (2018). Predictors of mental health of Angolan migrants living in Portugal. *International Journal of Migration, Health and Social Care, 14,* 146-159.

Du Plessis, G.A. & Guse, T. (2017). Validation of the Scale of Positive and Negative Experience in a South African Student Sample. *South African Journal of Psychology 47*(2)*,* 184-197.

Guse, T., De Bruin, G. P., & Kok, M. (2016). Validation of the Children's Hope Scale in a sample of South African adolescents. *Child Indicators Research*, *9*(3), 757-770.

Bach, J.M. & Guse, T. (2015). The effect of contemplation and meditation on "great compassion" on the psychological well-being of adolescents. *Journal of Positive Psychology, 10*(4)*,* 359-369.

Guse, T. & Hudson, D. (2014). Psychological strengths and posttraumatic growth in the successful reintegration of South African ex-offenders. *International Journal of Offender Therapy and Comparative Criminology, 58,* 1449-1465.

Guse, T. (2012) Enhancing lives: A positive psychology agenda for hypnosis. *South African Journal of Psychology, 42*(2), 214-223.

Guse, T., & Eracleous, G. (2011).Character strengths of adolescent survivors of childhood cancer. *Health SA Gesondheid, 16*(1), Art. #544, 6 pages. Doi:10.4102/hsag.v16i1.544.

Guse, T. & Vermaak., Y. (2011). Hope, psychosocial well-being and socioeconomic status among a group of South African adolescents. *Journal of Psychology in Africa, 21(*4), 527-534.

Fourie, G. & Guse, T. (2011). An integrated hypnotherapeutic model for the treatment of childhood sexual trauma: A case study. *The American Journal for Clinical Hypnosis, 53*(3), 193-205.

Guse, T. & Harvey, C. (2010). Growing up with a dwarf sibling: perceptions of adult non-dwarf siblings*. Disability and Society, 25*(3), 387-401.

Guse, T. (2010). Positive psychology and the training of psychologists: students' perspectives. *South African Journal of Industrial Psychology, 36*(2), Art. #848, 6 pages, Doi: 10.4102/sajip.v36i2.848.

Marriot, K. & Guse, T. (2007). Victim-offender mediation: Perspectives of South African victims and offenders. *The Social Work Practitioner-Researcher, 19* (3), 59-76.

Guse, T., Wissing, M.P., & Hartman, W. (2006). The effect of a prenatal hypnotherapeutic programme on postnatal psychological well-being. *Journal of Reproductive and Infant Psychology*, *24*, 1-15.

Guse T., Wissing, M.P., & Hartman, W. (2006). A hypnotherapeutic programme to facilitate postpartum psychological well-being. *Australian Journal for Clinical and Experimental Hypnosis, 34*, 27-40.

Wissing, M.P., & Guse, T. (1991). Functional hemispheric asymmetry and psychological differentiation. *South African Journal of Psychology, 21,* 103-111.

Peer-reviewed chapters in books

Guse, T., & Matabane, T. (2019). "Whatever small thing I have, I should be grateful for": Gratitude as understood and experienced by African adolescents. In I. Eloff (Ed.*). Handbook of Quality of Life in African Societies.* Springer.

Slezackova, A., Guse, T., & Prosek, T. (in press). The role of perceived hope in harmony in life among Czech and South African adults. In Pradhan, R.K. & Kumar, U. (Eds.). *International handbook of advances in emotion, wellbeing, and resilience: Theoretical perspectives and practical applications.* Apple Academic Press.

Guse, T. & Shaw, M. (2018). Hope, meaning in life, and well-being among a group of South African university students. In A. Krafft, P. Perrig-Chiello & A. Walker (Eds.). *Hope for a good life: Results of the Hope Barometer International Research Program.* Dordrecht: Springer.

Guse, T. (2014). Increasing psychological well-being through hypnosis. In G. Fava & C. Ruini (Eds.), *Increasing psychological well-being in clinical and educational settings.* (pp. 91-102). Dordrecht: Springer.

Guse, T. & Fourie, G. (2013). Facilitating psychological well-being through hypnotherapeutic interventions. In M. P. Wissing (Ed.) *Well-being research in South Africa*. (pp. 539-555). Dordrecht: Springer.

Contributions to textbooks and other books

Guse. T. (in press). Feeling good. In M.P. Wissing, J.C. Potgieter, T. Guse, I.P. Khumalo, & L. Nel (Eds.). *Towards flourishing: Embracing well-being in diverse contexts*. Pretoria: Van Schaik.

Guse, T. (in press). Activities and programmes to enhance well-being. In M.P. Wissing, J.C. Potgieter, T. Guse, I.P. Khumalo, & L. Nel (Eds.). *Towards flourishing: Embracing well-being in diverse contexts*. Pretoria: Van Schaik.

Wissing, M.P., Potgieter, J.C., Guse, T., Khumalo, I.P. & Nel. L. (Eds.). (in press). *Towards flourishing: Embracing well-being in diverse contexts*. Pretoria: Van Schaik.

Guse, T. (2017). Positive Psychology. In A. Van Vuuren. (Ed). *21st Century Psychology for Nurses (3rd edition)* (pp. 185-201). Pretoria: Van Schaik.

Guse, T. (2017). Abnormal Psychology and Positive Psychology: A balanced approach. In D.H. Barlow, V. Durand, L. Du Plessis, & C. Visser. *Abnormal Psychology: An Integrative Approach*. (1st South African Edition) (pp. 688-693). Hampshire, UK: Cengage.

Wissing, M.P. & Guse, T. (2016). Mandela's hope. In L. Bornmans (Ed.). T*he world book of hope: the source of success, strength and happiness* (pp. 146-150). Lannoo Publishers.

Guse. T. (2014). Feeling good. In M.P. Wissing, J.C. Potgieter, T. Guse, I.P. Khumalo, & L. Nel (Eds.). *Towards flourishing: Contextualizing positive psychology* (pp. 19-38). Pretoria: Van Schaik.

Guse, T. (2014). Activities and programmes to enhance well-being. In M.P. Wissing, J.C. Potgieter, T. Guse, I.P. Khumalo, & L. Nel (Eds.). *Towards flourishing: Contextualizing positive psychology* (pp. 291-314). Pretoria: Van Schaik.

Wissing, M.P., Potgieter, J.C., Guse, T., Khumalo, I.P. & Nel. L. (Eds.). 2014. *Towards flourishing: Contextualizing positive psycholog*y. Pretoria: Van Schaik.

Guse, T. (2012). Positive Psychology. In A. Van Vuuren. (Ed*). 21st Century psychology for nurses* (pp. 183-199). Pretoria: Van Schaik.

Guest editorials

Guse, T. (2017). Editorial: Special Edition on Positive Psychology and Phenomenology. *Indo-pacific Journal of Phenomenology*, 17 (1), 1-3.

Work submitted

Dakers, J. & Guse, T. Does parenting style contribute to adolescents'self-compassion? (Revision under review). *Journal of Child and Family Studies.*

Krafft, A., Guse, T., & Khumalo, I. Distinguishing perceived hope and dispositional optimism: theoretical foundations and empirical findings beyond future expectancies and cognition. (Revision under review). *Journal of Well-being Assessment.*

Vescovelli, F., Guse, T., & Ruini, C. Hypnosis for neurological disorders: A review from the positive psychology perspective. (Under review). *Journal of Clinical Psychology in Medical Settings.*

Krige, H., Blumenau, D., & Guse, T. Facilitating inner-strength building in adolescent girls with depressive symptoms through ego-state therapy and creative expressive art in therapy. (Under review). *The Arts in Psychotherapy.*

Work in progress

Guse, T. & Hassan, M. Positive psychology interventions in African contexts: A scoping review. In Schutte, L., Guse, T., & Wissing, M.P. *Embracing well-being in diverse African contexts: Research perspectives.* Springer.

Wigdorowitz, M., Guse, T., & Bowman, B. "It's like a kind of medicine that keeps a person going": Hope discourses of urban South African adults.

Du Plessis, C.F., Guse, T., & Du Plessis, G.A. "What I'm grateful for": A qualitative analysis of gratitude amongst South African university students.

Khumalo, I., & Guse, T. Factor structure of the Dispositional Hope Scale among South African students: An exploratory structural equation modeling study.

Current research collaboration

The International Hope Barometer Programme (Principal investigator: Dr A. Krafft, University of St Gallen, Switzerland. Participating countries include Germany, France, Malta, Czech Republic, India, Israel, Spain, Portugal, Italy, Australia and Brazil)

- Collecting South African data on hope and other positive characteristics among adults.
- Collaborating on manuscripts.

Student Well-being Project at the University of Pretoria (Principal Investigator: Prof I. Eloff)

- This project aims to identify factors contributing to student well-being as well as to implement and evaluate interventions to enhance student well-being.
- Responsible for data collection, data analysis and collaborating on manuscripts.

SUPERVISION OF POSTGRADUATE RESEARCH

Doctoral students (completed)

Blumenau, D. (2019). *Facilitating inner-strength building in adolescent girls with depressive symptoms through ego-state therapy and creative expressive art in therapy.*

Weich, E., (2015). *The role of unconscious guilt in grief: A multiple case study*.

Bach, J. (2012). *The effect of contemplation meditation on the psychological well-being of a group of adolescents.*

Fourie, G. (2009). *An integrated Ericksonian and Ego state intervention approach in the experience of psychological well-being of adult survivors of childhood sexual abuse*.

Doctoral students (current)

Joubert, J. *A Solution Focused Brief Therapy (SFBT) intervention model to facilitate hope and subjective wellbeing among trauma survivors at community clinics in Gauteng: A mixed-method study.*

Muller, J., *The effect of infant and child sleep interventions on parental well-being.*

Mompei, K. *Psychosocial challenges and well-being of South African diplomats and their families in foreign missions*.

Ngonyoza, M. *The effect of a positive psychology group intervention on the well-being of at-risk adolescents.*

Master's degree students (completed)

M. Godji, (2018). *The role of hope in the relationship between posttraumatic growth and wellbeing amongst emerging adults.*
J. Dakers (2018). *Parenting style as a predictor of self-compassion among a group of adolescents. (cum laude)*
M. Shaw (2017). *The role of hope in the relationship between meaning in life and well-being. (cum laude)*
T. Matabane (2017). *The experience of gratitude among black adolescents: An exploratory study.*
E. de Klerk (2017). *Posttraumatic growth, meaning in life and hope in emerging adults* (co-supervisor).
E. Dankaert (2016). *Validation of the Motivation for Solitude Scale-Short Form (MSS-SF) in a sample of South African adolescents. (cum laude)*
S. Fong (2016). *A qualitative exploration of happiness among elderly South Africans (*co-supervisor).
K. Teordorzcuk (2015). *The effect of positive psychology interventions on hope and well-being among adolescents living in a child and youth care centre. (cum laude)*
J. Davies (2015). *The effect of positive psychology interventions on psychosocial well-being among a group of early adolescents. (cum laude)* (co-supervisor)
T. Kruger (2013). *The effect of gratitude interventions on the psychological well-being of a group of adolescents.*
S. Croxford, (2012). *Gratitude and subjective well-being in adolescents. (cum laude)*
M. Kok (2011). *Validation of the Children's Hope Scale among South African adolescents.*
J. January (2010). *Hope, coping self-efficacy and psychological well-being among adolescents.*
Y. Vermaak (2010). *Hope, socio-economic status and psychosocial well-being among adolescents.*
D. Hudson (2010). *Psychofortological factors contributing to successful reintegration of offenders into society: An exploratory study. (cum laude)*

Sevenster (2009). *Psychological meanings of chronic gastrointestinal symptoms in a psychotherapeutic context. (cum laude)*
G. Eracleous (2008). *Character strengths of adolescents who have survived cancer: A comparative study. (cum laude)*
K. Jiyane (2008). *Black females' lived experience of anorexia nervosa.* (co-supervisor*)*
H. Schroeder (2008). *HIV positive mothers' experiences around motherhood: a phenomenological study.* (co-supervisor)
C. Harvey (2008). *Growing up with a dwarf sibling: A qualitative study.*
K. Marriot (2006). *An exploratory study on the narratives of victims and offenders with specific reference to victim-offender mediation.*
E. Sassoon (2005). *Self-efficacy and self-esteem in a group of adolescents with anorexia nervosa.*

Master's degree students (current)

L. Ramalepe. *Coping as moderator in the relationship between stigma and well-being among Black lesbian and gay individuals.*
A. Knafu. *Stories of hope by Black emerging adults: A narrative enquiry*.
L. Karastamatis. *Incarcerated females' perceptions of psychological well-being: an exploratory study.*
S. Swarts. *The role of self-compassion in the relationship between Instagram use, Body-esteem and subjective well-being among female adolescents.*

PRESENTATIONS AND INVITED LECTURES

Invited lectures, workshops and keynotes

Invited workshop: Fertilizing, facilitating and flourishing: integrating positive psychology in psychotherapy. 6th World Ego State Therapy Congress, Mabula, South Africa, February 2016.

Invited seminar: *Relaxation, mindfulness and hypnosis and their integration within traditional psychotherapeutic approaches.* University of Bologna, Italy, June 2014.

Invited workshop: *Introduction to Ericksonian Hypnosis,* University of Bologna, Italy, June 2014.

Keynote address: *Enhancing psychological well-being through hypnosis. Keynote address at the 5th World Congress on Ego State Therapy, Post Congress, Franschoek, South Africa,* February 2013.

Invited workshop: *Positive psychology interventions*. I presented at the 16th National Congress of SA Society of Clinical & Radiation Oncology (SASCRO) and SA Society of Medical Oncology (SASMO), Champagne Sports Resort, Drakensberg, South Africa, August 2013.

Conference presentations

Eloff, I., & Guse, T. (2019). *What contributes to student well-being?* Paper presented at the 17th annual Conference of the International Society for Quality of Life Studies, Granada, Spain.

Guse, T., & van Zyl, C.J. (2019). *The role of hope in the relationship between benevolence, universalism and flourishing in a South African sample*. Paper presented at the 17th annual Conference of the International Society for Quality of Life Studies, Granada, Spain.

Guse. T. (2018). *Hope among South African adults: preliminary findings from the Hope Barometer Survey 2017.* Paper presented at the 9th European Conference on Positive Psychology, Budapest, Hungary.

Guse, T. (2018). *Positive Psychology Interventions in an African context: A scope of the landscape and future directions*. Paper delivered at the 1st African Positive Psychology Conference, Potchefstroom, South Africa, April.

Dakers, J. & Guse, T. (2018). *Parenting style as a predictor of self-compassion among a group of adolescents.* Paper delivered at the 1st African Positive Psychology Conference, Potchefstroom, South Africa, April.

Human, W., de Klerk. E., & Guse, T. (2017). *Posttraumatic growth, meaning in life and hope among emerging adults in an urban context.* Paper delivered at the 1st Pan African Psychology Union Conference, Durban, South Africa, September.

Matabane, T. & Guse, T (2017). *"Whatever small thing I have, I should be grateful for": Gratitude as understood and experienced by Black South African adolescents*. Paper delivered at the 1st Pan African Psychology Union Conference, Durban, South Africa, September.

Guse, T., & Van Zyl, C.J.J. (2017). *The Positive and Negative Affect Schedule for Children (PANAS-C): Measurement invariance in a South African adolescent sample*. Poster presented at the 14th European Conference on Psychological Assessment, Lisbon, Portugal, July.

Guse, T. (2017) Regulating professional psychology in the context of decolonization. *Psychology and Decolonization Colloquium*, University of Johannesburg, May.

Guse, T., Dankaert, E. & Van Zyl, C.J.J. (2016). *Seeking solitude: Gender and cultural differences among South African adolescents.* Paper presented at the 15th Biannual Conference of the European Association of Research on Adolescence, La Barrosa, Spain, September.

Davies, J., Guse, T. & du Plessis, G.A. (2016). *The effect of a positive psychology intervention on the psychosocial well-being of a group of early adolescents.* Paper presented at the 8th European Conference on Positive Psychology, Angers, France, June.

Teodorczuk, K., Guse, T. & du Plessis, G.A. (2016). *The effect of positive psychology interventions on hope and wellbeing among adolescents living in a child and youth care centre in South Africa.* Paper presented at the 8th European Conference on Positive Psychology, Angers, France, June.

Guse, T., du Plessis, G.A. & Saccaggi, C. (2015). Combining mindfulness and gratitude interventions to facilitate student well-being in an African university context. In C. Ryff (Chair), *The promotion of eudaimonic well-being across the lifespan.* Symposium conducted at the 4th World Congress on Positive Psychology, Orlando, Fl, June.

Du Plessis, G.A., Saccaggi, C., & Guse, T. (2015). *Phronesis and academic psychology: A case in gratitude.* World Appreciative Enquiry Conference, Johannesburg, South Africa, July.

Saccaggi, C., du Plessis, G.A. & Guse, T, (2015). *What I am grateful for: A qualitative analysis of gratitude amongst South African university students.* World Appreciative Enquiry Conference, Johannesburg, South Africa, July

Card, M., Du Plessis, L. & Guse, T. (2014). *The evolving psychologist: Reflections on the personal and professional development of student psychologists.* Paper presented at the 7th World Conference for Psychotherapy, Durban, South Africa, August.

Guse. T. & Jesse, E. (2014). *Materialism and psychological well-being among South African university students.* Paper presented at the 7th European Conference on Positive Psychology, Amsterdam, The Netherlands, July.

Guse, T. & Matabane, T. (2014). *We should also be grateful for the bad things": Black South African adolescents' understanding of gratitude.* Paper presented at the 7th European Conference on Positive Psychology, Amsterdam, The Netherlands, July.

Du Plessis, G, Guse, T. & De Bruin, G.P. (2014). *Invariance of the five-factor structure of Mindfulness in an African context: Evidence of universalism?* Paper presented at the 7th European Conference on Positive Psychology, Amsterdam, The Netherlands, July.

Van Niekerk, R.L. & Guse, T. (2014). *Exercise dependence and psychosocial well-being among physically active university students.* Paper presented at the 7th European Conference on Positive Psychology, Amsterdam, The Netherlands, July.

Guse, T. & Kok, M. (2013). *Validation of the Children's Hope Scale among South African adolescents*. Poster presented at the 12th European Conference on Psychological Assessment, Donostia-San Sebastian, Spain, July.

Guse, T. (2012). *Gratitude and psychosocial well-being among South African adolescents*. Paper presented at the 13th Biennial Conference of the European Association for Research on Adolescence, Spetses, Greece, September.

Guse, T. (2012). *Life satisfaction among urban South African adolescents.* Paper presented at the 30th International Congress of Psychology, Cape Town, July.

Guse, T. & Croxford, S. (2012). *Gratitude and subjective well-being among South African adolescents.* Paper presented at the 30th International Congress of Psychology, Cape Town, July.

Guse, T., & Hudson, D. (2011*). Psychological strengths, posttraumatic growth and the successful reintegration of South-African ex-offenders into society.* Poster presented at the 12th European Conference of Psychology, Istanbul, Turkey, July.

January, J., & Guse, T. (2011). *Hope and coping self-efficacy as predictors of psychosocial well-being among South African adolescents*. Poster presented at the 12th European Conference of Psychology, Istanbul, Turkey, July.

Guse, T, & Vermaak, Y. (2010). *Hope, socio-economic status and psychosocial well-being among South African adolescents*. Paper presented at the 5th European Positive Psychology Conference, Copenhagen, Denmark, June.

Bach, J. & Guse, T. (2010). *The effect of contemplation meditation on the psychological well-being of adolescents.* Paper presented at the 5th European Positive Psychology Conference, Copenhagen, Denmark, June.

Guse, T. (2010). *Positive psychology in practice.* Workshop presented at the 3rd World Conference of Ego State Therapy, Sun City, South Africa, February.

Guse, T. (2009*). Facilitating flourishing in therapists by using psychological strengths in Ego state therapy.* Paper presented at the 18th International Society of Hypnosis Congress, Rome, Italy, September.

Guse T. & Fourie, G. (2009). *An integrated Ericksonian and Ego state intervention for the treatment of survivors of childhood sexual abuse.* Paper presented at the 18th International Society of Hypnosis Conference. Rome, Italy, September.

Guse, T. (2008). *Students' reflections on integrating Positive Psychology in the professional training curriculum*. Paper presented at the 4th European Conference on Positive Psychology, Opatija, Croatia, July.

Guse, T, & Fourie, G. (2008). *Eliciting psychological strengths through hypnosis: an experiential introduction.* Workshop presented at the 4th European Conference on Positive Psychology, Opatija, Croatia, July.

Guse, T. (2006). *Enhancing lives: Hypnosis as application of Positive Psychology.* Poster presented at the 3rd European Positive Psychology Conference, Braga, Portugal, July.

Guse, T. (2003). *A prenatal programme to enhance postpartum well-being*. Workshop presented at the 1st World Congress for Ego State Therapy, Bad Orb, Germany, March.

Guse, T., & Wissing, M.P. (2002).*The effect of a prenatal hypnotherapeutic programme on postnatal psychological well-being.* Paper presented at the 3rd World Congress for Psychotherapy, Vienna, Austria, July.

GRANTS AND AWARDS

National Research Foundation: Awarded rating as Established Researcher (Category C2) 2017-2021

NRF ratings are allocated based on a researcher's recent research outputs and impact as perceived by international peer reviewers. It identifies researchers who count among the leaders in their fields of expertise and gives recognition to those who constantly produce high quality research outputs.

University of Pretoria Research Development Grant 2019

Funding for 2019 Hope Barometer Project.

National Research Foundation Travel Grant 2019

Funding for conference presentation and attendance: International Society for Quality of Life Studies Conference, Granada, Spain, September 2019.

European Commission Erasmus+ Staff mobility Grant 2019

Fully funded two-week visit to the University of Bologna, Italy (April).

European Commission Erasmus+ Staff mobility Grant 2018

Fully funded 10 day-visit to the University of Bologna, Italy (March).

National Research Foundation Travel Grant 2017
Funding for conference presentation and attendance: European Conference on Psychological Assessment, Lisbon, Portugal, July.

European Commission Erasmus AESOP+ Staff mobility Grant 2016
Fully funded one month-visit to the University of Porto, Portugal, September.

National Research Foundation Travel Grant 2015
Funding for conference presentation and attendance: 4th World Congress on Positive Psychology, Orlando, FL, USA, July.

PROFESSIONAL AFFILIATIONS

- Registered Counselling Psychologist with the Health Professions Council of South Africa (HPCSA).
- Member of the International Positive Psychology Association (IPPA**).**
- Member of the Society for the Study of Emerging Adulthood (SSEA).
- Member of the International Society for Quality of Life Studies (ISQLS).
- President of the South African Positive Psychology Association (SAPPA).

PROFESSIONAL SERVICE

Ministerial appointment to the Professional Board for Psychology of the Health Professions Council of South Africa 2015-2020
This is the regulatory body for the health professions in South Africa. The Board is responsible for all regulatory matters related to professional psychology, including registration, accreditation, training and continuing professional development.

Member of Local Organizing Committee 2018
First Africa Positive Psychology Conference, Potchefstroom, South Africa.

Professional Assessor at the Quinquennial Review of the School of Human and Community Development, University of the Witwatersrand, Johannesburg. 2016

Reviewer for funding applications to the National Research Foundation. 2016-current

Abstract reviewer

- First Africa Positive Psychology Conference. Potchefstroom. 2018
- International Congress of Psychology, Cape Town. 2012

Peer-Reviewed Articles for:

- Acta Academica
- South African Journal of Psychology
- Child Abuse Research Africa
- Journal of Happiness Studies
- Children & Society
- Infant Mental Health Journal
- Journal of Adolescence
- Public Health and Nutrition
- International Journal of Offender Therapy and Comparative Criminology
- Child and Youth Care Forum
- PloS One
- Journal of Family Issues
- Applied Psychology: Health and Well-being

External examiner for postgraduate modules

- **Applied Positive Psychology** 2010- current
  BA (Honours), North-West University.
- **Child and adolescent psychotherapy and psychopathology** 2010-current
  MA (Clinical / Counselling Psychology, North-West University.
- **Oral exam for Professional training programme** 2019
  MA Counselling Psychology University of Johannesburg.
- **Oral exam for Professional Training Programme** 2018
  MA Clinical & Counselling Psychology, Free State University.
- **Oral exam for Professional Training Programme** 2015
  MA Clinical & Counselling Psychology, North-West University.

External Examining: Dissertations and theses

International

- **Hans Uwe Pfaff, Universidad Autonoma de Madrid :** 2014
  PhD *Psychophysiological reactivity to auditory binaural beats stimulation in the alpha and theta EEG brain-wave frequency bands: A double-blind and placebo-controlled study in human healthy young adults.*

National

45 MA dissertations
22 Doctoral theses